

Introduction to Psychodynamic Assessment

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Fall 2022

Syllabus

Week 1: Introduction: If Only This Course Could Give Answers

1. Abrams, S. (1995) Just listen for the proper question. *Bulletin Anna Freud Centre, (18)*, 279-282.
2. Castelnuevo-Tedesco. P. (1994) The "widening scope" reconsidered: Where do psychoanalysis and psychoanalytic psychotherapy meet? *Psychoanalytic Study of the Child, (49)*, 150-174.
3. Allison, G. (1994) On The Homogenization of Psychoanalysis and Psychoanalytic Psychotherapy: A Review of Some of the Issues. *Journal of the American Psychoanalytic Association, (42)*, 341-362.

Week 2: Analyzability: The First 75 Years of Psychoanalysis. Part I

1. Waldhorn, H. (1960). Assessment of analyzability: Technical and theoretical observations. *Psychoanalytic Quarterly, (29)*, 478-505
2. Bellak, L., Meyers, B. (1975). Ego function assessment and analyzability. *International Review of Psycho-Analysis, (2)*, 413-427

Week 3: Analyzability: The First 75 Years of Psychoanalysis. Part II

1. Bachrach, H., Leaf. L. (1978). "Analyzability": A systematic review of the quantitative and clinical literature. *Journal of the American Psychoanalytic Association, (26)*, 881-920.
2. Limentani, A. (1972). The assessment of analyzability: A major hazard in selection for psychoanalysis. *International Journal of Psychoanalysis (53)*, 351-361.
3. Erle, J., Goldberg, D. (1979) Problems in the assessment of analyzability. *Psychoanalytic Quarterly, (48)*, 48-84.

Week 4: Research into "Analyzability" and Beginning Critiques I

1. Lower, R., et.al. (1927) Bases for Judgments of Analyzability. *Journal of the American Psychoanalytic Association* 20:610-621
2. Beenen, F., et.al. (1979). On Criteria for analyzability: One step beyond clinical assumptions. *Psychoanalysis and Contemporary Thought, (2)*, 319-344.
3. Huxster, H. et.al, (1975). Some pitfalls in the assessment of analyzability in a psychoanalytic clinic. *Journal of the American Psychoanalytic Association, (23)*, 90-106.

Week 5: Research into "Analyzability" and Beginning Critiques II

1. Erle, J., Goldberg, D. (2003) The course of 253 analyses from selection to outcome. *Journal of American Psychoanalytic Association*, (51), 257-293.
2. Kantrowitz, J., et.al., (1987) The role of reality testing in psychoanalysis: Followup of 22 cases. *Journal of the American Psychoanalytic Association*, (35), 367-385.
3. Kantrowitz, J., et.al., (1986). Affect availability, tolerance, complexity, and modulation in psychoanalysis: Followup of a longitudinal, prospective study. *Journal of the American Psychoanalytic Association*, (34), 367-385.

Week 6: Assessment and Follow-up: Work of Schlessinger and Robbins

1. Schlessinger, N., Robbins, F. (1974). Assessment and follow-up in psychoanalysis. *Journal of the American Psychoanalytic Association*, (22), 542-567.

Week 7: Personal Approaches I

1. Garelick, A. (1994). Psychotherapy assessment: Theory and practice. *Psychoanalytic Psychotherapy*, (8), 101-116.
2. Milton, J. (1996). Why assess? psychoanalytical assessment in the NHS. *Psychoanalytic Psychotherapy*, (11), 47-58.
3. Sweet, A. (2011). Elements of psychotherapeutic assessment and treatment with structured and under-structured personalities. *British Journal of Psychotherapy*, (27), 4-18.

Week 8: Personal Approaches II

1. Shapiro, S. (1984). The initial assessment of the patient: A psychoanalytic approach. *International Review of Psycho-Analysis*, (11), 11-25.
2. Hinshelwood, R.D. (1991). Psychodynamic formulation in assessment for psychotherapy. *British Journal of Psychotherapy*, (8), 166-174.

Week 9: Personal Approaches III

1. Carvalho, R. (2016). Assessment: A personal overview. *British Journal of Psychotherapy*, (32), 237-255.
2. Edwards, A. (1983). Research studies in the problem of assessment. *Journal of Analytical Psychology*, (28), 299-311.

Week 10: Early Modifications of Traditional Criteria: Considerations of the Dyad

1. Bachrach, H. (1983). On the concept of analyzability. *Psychoanalytic Quarterly*, (LII), 180-204.

2. Kantrowitz, J. (1986). The role of the patient-analyst "match" in the outcome of psychoanalysis. *Annual of Psychoanalysis, (14)*, 273-297.
3. Hoffman, J. (1985). Some reflections on the psychoanalytic encounter and the concept of analyzability as illustrated by an interrupted analysis. *Scandinavian Psychoanalytic Review, (8)*. 141-158.

Week 11: Should we think about assessment as a process?

1. Crick, Penny. (2014). Selecting a patient or initiating a psychoanalytic process. *International Journal Psychoanalysis, (95)*, 465-484.
2. Grossman, L. (1994). On coming to an agreement about the nature of treatment. *Canadian Journal of Psychoanalysis, (2)*, 203-22.
3. Wille, R. (2012). The analyst's trust in psychoanalysis and the communication of that trust in initial interviews. *Psychoanalytic Quarterly, (LXXXI)*, 875-903.

Week 12: Trials and Preparatory Psychotherapy

1. Horwitz, L. (1990). Psychotherapy as a trial for psychoanalysis. *Psychoanalytic Inquiry, (10)*, 43-66.
2. Peterson, C. (2014). The trial period and the creation of psychoanalytic patients. *International Forum of Psychoanalysis, (23)*, 209-219.
3. Spurling, L. (2003). On the therapeutic value of not offering treatment: An account of an extended assessment. *Psychoanalytic Psychotherapy, (17)*, 1-17.

Week 13: Special Topic: The Initial Interview

1. Thoma, H., (1978). The initial interview and the latent presence of third parties. *Psychoanalytic Practice: 1 – Principles, (61)*, 169-214.
2. Ogden, T. (1992). Comments on transference and countertransference in the initial analytic meeting. *Psychoanalytic Inquiry, (12)*, 225-247.

Week 14: Critiques of Concept of Analyzability: Rothstein

1. Rothstein, A. (2006). Reflections on the concept "analyzability". *Psychoanalytic Review, (93)*, 827-833.
2. Rothstein, A. (1994.) A perspective on doing a consultation and making the recommendation for analysis to prospective analysand. *Psychoanalytic Quarterly, (LXIII)*, 680-695.

3. Rothstein, A. (1995). Psychoanalytic technique and the creation of analysands: On beginning analysis with patients who are reluctant to pay the analyst's fee. *Psychoanalytic Quarterly*, (LXIV), 306-325.

Week 15: Cultural Bias in Assessment

1. Javier, R. (1990). The suitability of insight-oriented therapy for the Hispanic poor. *American Journal of Psychoanalysis*, (50), 305-318.
2. Moncayo, R. (1998). Cultural diversity and the cultural epistemological structure of psychoanalysis. *Psychoanalytic Psychology*, (2), 262-286.

Week 16: What are We Assessing For?

1. Sugarman, A. (2007). Whatever happened to neurosis? Who are we analyzing? And how? *Psychoanalytic Psychology*, (24), 409-423.