



Lucy Daniels is a writer and recently retired clinical psychologist in private practice in Raleigh, North Carolina. Daniels wrote her first novel, *Caleb My Son* (1956) while hospitalized with anorexia nervosa. A best seller published in several countries, it earned her a Guggenheim fellowship (at 22, she was the youngest recipient ever) that supported the writing of her second novel, *High on a Hill* (1961) about life in a mental hospital. But after that Daniels stopped writing. Instead, she raised her four children, went to college, and became a clinical psychologist. Only then did she receive, through psychoanalysis, the assistance she had needed for more than 25 years. This resulted in her memoir, *With a Woman's Voice* (2002) and her first novel in over 40 years, *The Eyes of the Father* (2005) and a chronicle of her psychological journey back to writing, *Dreaming Your Way to Creative Freedom* (2005).

Daniels is the founder of the Lucy Daniels Foundation and the Lucy Daniels Center for Early Childhood both located in Cary, North Carolina. The LDF has carried out extensive research focused on creative writers undergoing psychoanalysis, the data of which is now also utilized by Emory University. For the past 30 years Daniels has conducted an annual seminar, entitled "Our Problems as the Roots of Our Power," for individuals in pursuit of creative and emotional freedom.

"In So Many Words," a documentary based on the life of Lucy Daniels was released by Oscar-shortlisted documentarian Elisabeth Haviland James at the Full Frame Film Festival in 2013. Daniels' book, *Walking with Moonshine*, a collection of stories written across her life, was also released in 2013. Her newest collection of linked stories, *Maritime Magistry* (2016), shows the similarity of human craziness and wild weather at the beach.

Daniels is currently exploring what happens as one ages and the important decisions that have to be made. She says most people writing about aging are in their 50s and 60s and haven't had the experience to address the real changes that occur as one gets in to later years. She has recently finished writing her account, *Fortune's Price*, of what it takes to reach the age of 88.