

Object Relations (MMI Part 2) (202b)  
Tuesday, October 22, 2019 7:10 PM - 8:40 PM EDT  
Category: Courses

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**Psychoanalytic Center of the Carolinas**

**Psychoanalytic Models of the Mind, Part II**

Draft, Fall

**Instructors:**

Steve Bennett, Ph. D.

Time: Tuesday, 7:10 pm – 8:40 pm

Dates: Tuesday October 29, 2019 (eight weeks)

Location: Center for Family and Psychological Services, Chapel Hill, NC

**Class Texts:**

Students are not required to buy a text for this course, but the following two texts for the 2018 Models of the Mind I course could be helpful. Assigned readings will be either available in PEP-Web or provided electronically.

1. Auchincloss, Elizabeth. (2015). *The Psychoanalytic Model of the Mind*. Washington D.C.: American Psychiatric Publishing.
2. Mitchell, S. & Black, M. (1995, 2016). *Freud and beyond: A history of modern psychoanalytic thought*. New York, NY: Basic Books.

**Class Schedule:**

**Class One: Introduction and Melanie Klein**

- Auchincloss, E. (2015). Core dimensions of the psychoanalytic models of the mind. *The psychoanalytic model of the mind* (pp. 57-70). Washington D.C.: American Psychiatric Publishing.
- Mitchell, S. & Black, M. (1995, 2016). Melanie Klein and contemporary Kleinian theory. *Freud and beyond: A history of modern psychoanalytic thought* (pp. 85-111). New York, NY: Basic Books.

**Class Two: Further Developments in Kleinian Theory**

- Ogden, T. (1988). On the Dialectical Structure of Experience – Some Clinical and Theoretical Implications. *Contemporary Psychoanalysis*, 24, 17-45.

**Class Three: Fairbairn**

- Mitchell, S. & Black, M. (1995, 2016). The British Object Relations School: WRD Fairbairn and DW Winnicott. *Freud and beyond: A history of modern psychoanalytic thought* (pp. 112-123). New York, NY: Basic Books.

- Ogden, T. (2010). Why Read Fairbairn? *IJP*, 91(1), 101-118.

**Class Four: Winnicott**

- Mitchell, S. & Black, M. (1995, 2016). The British Object Relations School: WRD Fairbairn and DW Winnicott. *Freud and beyond: A history of modern psychoanalytic thought* (pp. 124-138). New York, NY: Basic Books.
- Davis, M. and Wallbridge, D. (1991). Primary maternal preoccupation. *Boundary and space: An introduction to the work of D W Winnicott* (pp. 137-172). New York, NY: Karnac Books.

**Class Five: Self Psychology**

- Kohut, H. (1966). Forms and Transformations of Narcissism. *JAPA*, 14: 243-272.
- Kohut, H, and Wolf, E. S. (1978). The disorders of the self and their treatment: An outline. *IJP*, 59, 413-425.

**Class Six: Self Psychology**

- Kohut, H. (1984). The role of empathy in psychoanalytic cure. *How does analysis cure?* (pp. 172-191). London: Univ. Chicago Press.
- Lichtenberg, J.D. (1981). The empathic mode of perception and alternative vantage points for psychoanalytic work. *Ps. Inquiry*, 1, 29.

**Class Seven: Self Psychology**

- Wolf, E. S. (1988). Treatment. *Treating the self: Elements of clinical self psychology* (pp. 94-145). New York, NY: Guildford Press.
- Newman, K. (2007) "Therapeutic Action in Self Psychology." *Ps. Q.*, 76S, 1513-1546.

**Class Eight: The "Relational Turn"**

- Mitchell, S. (1991). Editorial philosophy. *Psychoanalytic Dialogues* 1(1), 1-7.
- Hoffman, I. (1994). Dialectical thinking and therapeutic action in the psychoanalytic process. *Psychoanalytic Quarterly* 63, 187-218.