

***Psychological Development Across the Life Cycle Part 2:
Adolescence to Late Life***
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SYLLABUS:

PSYCHOLOGICAL DEVELOPMENT ACROSS THE LIFE CYCLE
Part 2a & Part 2b: Adolescence through Old Age

Session 1 Adolescence

- Blos, P. (1967). The second individuation process of adolescence. *PSC*, 22, 162-186.
- Novick, J., and Novick, K.K. (2001). Trauma and deferred action in the reality of adolescence. *American J. of Psychoanal.*, 61, 43-61.
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Session 2 Adolescence

- Bernstein, P. (2004). Mothers and daughters from today's psychoanalytic perspective. *Psychoanalytic Inquiry* 24, 601-628.
- Diamond, M. (2006). Masculinity unraveled: The roots of male gender identity and the shifting of male ego ideals throughout life. *JAPA*, 54, 1099-1130.
- Stortelder, F., and Ploegmakers-Burg, M. (2010). Adolescence and the reorganization of infant development: A neuro-psychoanalytic model. *J. Amer.Acad. of Psychoanal.*, 38, 503-531.

Session 3 Complications in Mastering Adolescent Tasks

- Galatzer-Levy, ., and Cohler, B. (2002). Making a gay identity. Coming out, social context, and psychodynamics. *Annual of Psychoanalysis*, 30, 255-286.
- Jacobo, M. (2001). Revolutions in psychoanalytic theory of lesbian development: Dora to dykes and back again. *Psychoanalytic Psychology*, 18, 667-683.
- Barrett, T. (2008). Manic defenses against loneliness in adolescence. *PSC*, 63, 111-136.
- Kline, W. (2006). The re-emergence of separation fears in the college bound adolescent: From disruption to resolution. *J of Infant, Child, and Adoles. Psychotherapy*, 5, 420-436.

Session 4 Evidence of Adolescent Psychopathology

- Lemma, A. (2010). An order of pure decision: Growing up in a virtual world and the adolescent's experience of being-in-a-body. *JAPAm* 58(4), 691-714.
- Mogul (1980). Asceticism in adolescence and anorexia nervosa. *PSCm* 35, 155-172.
- Twemlow, Fonagy, Sacco, and Vernberg. (2002). Assessing adolescents who threaten homicide in schools. *Am. J. Psychoanalysis*, 62, 213-235.

Session 5 Entry into Young Adulthood: The Transition

- Blos, P. (1979). When and how does adolescence end? *The adolescent passage* (pp. 404-420). New York, NY: International Universities Press.
- Colarusso, C. (1991). The development of time sense in young adulthood. *PSC*, 46, 125-144.
- Winnicott, D. (1958). The capacity to be alone. *IJP* 39, 416-420.
- Marcus, I. (1991). The influence of development on career achievement. In Greenspan & Pollock (Eds). *The course of life, Vol IV*. (no pages given). Madison, WI: IUP
- Colarusso, C. (1995). Traversing young adulthood: The male journey from 20 to 40. *Psychoanal. Inq.*, 15, 75-91.

Session 6 Pathological Issues in Young Adulthood

- Shulman, Blatt, and Feldman. (2006). Vicissitudes of the impetus for growth and change among emerging adults. *Psychoanal. Psychol.*, 23, 159-180.
- Lansky, M.R. (1987). The borderline father: Reconstructions of young adulthood. *Psychoanaly. Inq.*, 7, 77-98.
- Fraiberg, Adelson, and Shapiro. (1975). Ghosts in the nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *J. Child Psych.*, 14, 387-421.

Session 7 Movement into Full Adulthood—Developmental Tasks

- Gurwitt, A. (1988). On becoming a family man. *Psychoanal. Inq.*, 8, 261-279.
- Kernberg, O. (1974). Mature love: Prerequisites and characteristics. *JAPA*, 22, 743-768.
- Bibring, Dwyer, Huntington, and Valenstein. (1961). A study of the psychological processes in pregnancy and of the earliest mother-child relationship. *PSC*, 16, 9-24.

Session 8 Challenges and Alternate Paths in Adulthood

- Friedman C (2007). First comes love, then comes marriage, then comes baby carriage: Perspectives on gay parenting and reproductive technology. *Journal of Infant, Child, and Adolescent Psychotherapy*, 6, 111-123.
- Katz, A.W. (2002). Fathers facing their daughters' emerging sexuality: the return of the Oedipal. *PSC*, 57, 270-279.
- Notman, M. (2011). Some thoughts about the psychological issues related to assisted reproductive technology. *Psa. Inq.*, 31, 80-391.
- Ehrensaft, D. (2007). The stork didn't bring me, I came from a dish: Psychological experiences of children conceived through assisted reproductive technology. *J. Infant, Child, and Adoles. Psychotherapy*, 6, 124-140.

Session 9 Middle to Late Adulthood Tasks and Issues

- Furman, E. (1982). Mothers have to be there to be left. *PSC*, 37, 15-28.
- Binder, P. and Nielsen, G. (2005). Balancing Losses and Growth: A Relational Perspective on Identity Formation in the Second Half of Life. *Journal of American Academy of Psychoanalysis*, 33(3), 431-451
- Spira, M. and Berger, B. (2001). The penultimate: Understanding adult women beyond menopause. *Psychoanalytic Social Work*, 8, 27-42.

Session 10 Evidence of Difficulty in Adult Development

- Colarusso, C. and Montero, G.J. (2007.) Transience during midlife as an adult psychic organizer: The midlife transition and crisis continuum. *PSC*, 62, 329-358.
- Akhtar, S. (1994). Object constancy and adult psychopathology. *IJP*, 75, 441-455.

Session 11 Psychological Problems in Adulthood

Smith, A. (2005). Screwing up: Underachievement as relational chaos. *Psychoanalytic Rev.*, 92, 389-416.

Axelrod, S. (1994). "Impossible projects": Men's illusory solutions to the problem of work. *Psychoanal. Psychol.*, 11, 21-32.

Rubel, R. (1999). The loss of significance: Processing change in the work life of the older client. *Psychoanal. Social Work*, 6, 69-86.

Session 12 Additional Psychological Issues in Adulthood

Boulanger, G. (2002). Wounded by reality: The collapse of the self in adult onset trauma. *Contemp. Psychoanal.*, 38, 45-76.

Grand, H.T. (1982). The uncommitted male and his female counterpart. *Amer. J. Psychoanal.*, 42, 283-292.

Session 13 End of Life Developmental Tasks

Colarusso, C. (1998). Development and treatment in late adulthood. In Greenspan & Pollack (Eds). *The course of life Vol. VII.* (pp. 285-317). Madison, WI: IUP

Mann, C. (1985). Aging—A developmental reality ignored by psychoanalytic theory. *J. Amer. Acad. Psychoanal.*, 13, 481-487.

Hagglund, T. (1981). The final stage of the dying process. *IJP*, 62, 45-49.

Session 14 Psychological Problems with End of Life Issues

Shabad, P. (1993). Repetition and incomplete mourning: The intergenerational transmission of traumatic themes. *Psychoanal. Psychology*, 10, 61-75.

Adelman, A. (1995). Traumatic memory and the intergenerational transmission of Holocaust narratives. *PSC*, 50, 343-367.

Evans, S. (2008). 'Beyond forgetfulness': How psychoanalytic ideas can help us to understand the experience of patients with dementia. *Psychoanal. Psychotherapy*, 22, 155-176.

Laufer, E. (2000). The struggle between living and dying: The analytic treatment of a 90 year old woman. *Psychoanal. Rev.*, 87, 699-715.

Session 15 How Do We Conceptualize the Psychological Trajectory of the Life Cycle?

Colarusso, C. (1998). A developmental line of time sense in late adulthood and throughout the life cycle. *PSC*, 53, 113-140.

Wolf, E.S. (1997). Self psychology and the aging self throughout the life curve. *Annals of Psychoanal.*, 25, 201-215.

Session 16 Wrap Up Review and Feedback