

## **Introduction to Psychodynamic Assessment**

Instructor: David Smith, MD

Assistant Instructor: Margaret Wilner, LCSW

Fall 2018

Syllabus

Text: McWilliams, N. (2011). *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.). New York, NY: The Guildford Press.

### **8/28/18: 1. Why Diagnose?**

McWilliams, N. (2011). Why diagnose. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 7-20). New York, NY: The Guildford Press.

McWilliams, N. (2011). Psychoanalytic Character Diagnosis. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 20-42). New York, NY: The Guildford Press.

### **9/4/18: 2. Personality Organization**

McWilliams, N. (2011). Why diagnose. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 7-20). New York, NY: The Guildford Press.

### **9/11/18: 3. Hysterical traits, Neuroses and Histrionic Personalities**

McWilliams, N. (2011). Hysterical (histrionic) Personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 311-331). New York, NY: The Guildford Press.

### **9/18/18: 4. Obsessive and Compulsive Personalities**

McWilliams, N. (2011). Obsessive and compulsive personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 289-310). New York, NY: The Guildford Press.

### **9/25/18: 5. The Early Analysts**

Zetzel, E. (1968). The so-called good hysteric. *International Journal of Psychoanalysis*, 49, 256-260.

Robbins, F., Schlessinger, N. (1974). Assessment and follow-up in psychoanalysis. *Journal of the American Psychoanalytic Association*, 22, 542-567.

### **10/2/18: 6. Assessing Defenses**

McWilliams, N. (2011). Primary defensive processes. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 100-125). New York, NY: The Guildford Press.

McWilliams, N. (2011). Secondary defensive processes. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 126-150). New York, NY: The Guildford Press.

### **10/9/18: 7 Attachment Theory and Mentalization**

Bretherton, I. (1992). The origins of attachment theory: John Bowlby and Mary Ainsworth. *Developmental Psychology*, 28(5), 759-775.

Fonagy, P. (1999). Points of contact and divergence between psychoanalytic and attachment theories: Is psychoanalytic theory truly different. *Psychoanalytic Inquiry*, 33, 595-613.

### **10/16/18: 8 Borderline Personality Disorder and Organization**

Akhtar, S. (1992). Borderline personality disorders. *Broken Structures, Borderline Personality Disorder* (pp. 81-120). Lanham, MD: Rowman & Littlefield.

Caligor, E., Diamond, D. Yeomans, F. E., & Kernberg, O.F. (2009). The interpretive process in the psychoanalytic psychotherapy of borderline personality disorders. *Journal of American Psychoanalytic Association*, 57(2), 271-301.

#### *Optional Reading:*

Yeomans, F., Clarkin, J., Kernberg, O. (2015). Assessment phase: Clinical evaluation and treatment selection. *Transference-focused psychotherapy for borderline personality disorders a clinical guide* (pp. 154-164). Arlington, VA: American Psychiatric Publishing.

### **10/23/18: 9 Borderline Personality Disorder and Organization- continued**

Kernberg, O. (1988). Psychic structure and structural change: An ego psychology-object relations theory viewpoint. *Journal of American Psychoanalytic Association*, 365, 315-337.

McWilliams, N. (2011). Implications of developmental levels of organization. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 70-99). New York, NY: The Guildford Press.

**10/30/18: 10 Narcissistic Traits and Personalities**

Kohut, H. (1968). The psychoanalytic treatment of narcissistic personality disorders. *The Psychoanalytic Study of the Child*, 23, 86-113.

McWilliams, N. (2011). Narcissistic personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 176-195). New York, NY: The Guildford Press.

Optional Reading:

Kohut, H. (1979). The two analysis of Mr. Z. *international Journal of Psycho-analysis*, 60, 3-27.

**11/6/18: 11 Narcissistic Traits and Personalities-continued**

Kohut, H., & Wolf, E. (1978). The disorders of the self and their treatment: An outline. *International Journal Psycho-Analysis*, 59, 413-425.

Lichtenberg, JD. (1981). The empathic mode of perception and alternative vantage points for psychoanalytic work. *Psychoanalytic Inquiry* 1(3), 329-355.

Adler, G. (1986). Psychotherapy of the narcissistic personality disorder patient: Two contrasting approaches. *American Journal Psychiatry*, 143, 430-436.

**11/13/18: 12 Schizoid/Paranoid Personalities**

McWilliams, N. (2011). Schizoid personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 196-213). New York, NY: The Guildford Press.

McWilliams, N. (2011). Paranoid personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 213-234). New York, NY: The Guildford Press.

Coen, S. (2005). How to play with patients who would rather remain remote. *Journal American Psychoanalytic Association*, 53, 811-834.

11/20/18: no class

### **11/27/18 13 Depressive and Manic Personalities**

McWilliams, N. (2011). Depressive and manic personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 235-266). New York, NY: The Guildford Press.

### **12/4/18: 14 Masochistic Personalities**

Novick, K.K. & Novick, J. (1987). The essence of masochism. *Psychoanalytic Study of the Child*, 42, 353-384.

McWilliams, N. (2011). Masochistic (self-defeating) personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 267-280). New York, NY: The Guildford Press.

### **12/11/18: 15 Psychopathic Personalities**

Howell, E. (1996). Dissociation in masochism and psychopathic Sadism. *Contemporary Psychoanalysis*, 32, 427-453.

McWilliams, N. (2011). Psychopathic (anti-social) personalities. *Psychoanalytic diagnosis, understanding personality structure in the clinical process* (2nd Ed.) (pp. 157-175). New York, NY: The Guildford Press.

### **12/18/18: 16 Assessment of the Traumatized Patient**

Bromberg, P.M. (2003). Something wicked this way comes: Trauma, dissociation and conflict: The space where psychoanalysis, cognitive science and neuroscience overlap. *Psychoanalytic Psychology*, 20, 553-574.

Bromberg, P.M. (2010). Minding the dissociative gap. *Contemporary Psychoanalysis*, 46, 19-31.